

Prayer Walk Ideas

“Devote yourselves to prayer, being watchful and thankful...Be wise in the way you act toward outsiders; make the most of every opportunity.” Colossians 4:2, 5

Idea #1: Prayer Walk Through Your Own Neighborhood

Walk around your own neighborhood praying over every house, every neighbor.

- If you see signs of children in the house, pray for those children to grow up knowing God. Pray for the parents to have wisdom and patience in their job of parenting.
- If you see signs of teenagers in the house, pray for safety as those kids begin to stretch their wings. Pray they will find a sure path and stay well-grounded as they grow and leave the house.
- If you see a ‘for sale’ sign in the yard, pray for a smooth transition and move for the family and the new neighbors who will move in.

Idea #2: Prayer Walk Through Another Community

You can take a prayer walk to another community in need of prayer.

Remember **safety first** if taking a prayer walk to another neighborhood or community. Walk in small groups, be aware of your surroundings. Don’t call attention to your prayer walk, just pray silently as you walk.

Fill that community with prayer, praying for each person you see, each home or business.

If someone asks what you’re doing, explain that you’re praying over the neighborhood. Then ask how you can pray for them.

Idea #3: Prayer Walk Around Your Neighborhood School

Prayer walk around your children’s school or one in your community.

- Pray over the teachers, administrators, and children in that school.
- If you have a directory, pray over each student, each teacher, and each staff member by name.

Idea #4: Prayer Walk Around Your Church

Prayer walk around your church.

- Pray for the people who will be in each room, each chair.
- Pray for God to speak into their hearts, to heal what's broken and comfort what ails.
- Pray that they would be changed in this place.

Idea #5: Prayer Walk Through Your Workplace

Pray as you walk around your office.

- Pray over each cube or desk you pass as you walk to the break room.
- Pray for God's love and healing touch to reach each person.
- Pray for wisdom and discernment for good decisions as you pass each meeting room.

Idea #6: Prayer Walk Around Your Home

Take a prayer walk around your home.

- Pray over each room and the people who use it.
- Pray over each bedroom, for the needs of that family member.
- Pray over the kitchen and the meals that will be prepared there.
- Pray for God's blessings and protection over each room in your home.

